

RECORDING YOUR TESTIMONY

Choose your method

You have two options for recording your testimony and submitting it to us:

- 1) Use [WhatsApp](#), or your smartphone's [voice recording application](#).
- 2) Use the [JSH voicemail box](#) and call in to leave your testimony as a voicemail message.

Scroll down for details and technical instructions for each method.

Data Privacy Notice: *Throughout the submission process, we will keep your recording and its content confidential. We will create a transcription of the recording you submit and delete the recording within two years of the submission date. The transcription will be kept in our permanent records. If you would like more information, please email us at jshwrite@csps.com.*

Preparing to submit your testimony as an audio recording:

1. Please read the [general testimony guidelines](#) about what to include in your testimony.
2. Plan to keep your recording to under ten minutes.
3. If you quote from the Bible, state the translation (for example, King James version), and the book, chapter, and verses. If you quote from Mrs. Eddy's writings, state the name of the book, the author, and the page number.
4. Plan to give your testimony in a natural and conversational manner, as though speaking to a neighbor or friend who may be unacquainted with Christian Science.
Note: We do NOT intend to publish your recording in audio form, so it doesn't need to be a perfect recording. But it does need to be clear for transcription.
5. We will contact you if we wish to use the testimony and start our editing process. In that event, we will ask you to sign an agreement that assigns or transfers the copyright to CSPS and to work with us during the editing of the transcription of your audio submission for publication.
6. We will also ask you for the names of three people who can verify your testimony.

When you're ready to record

1. Please find a quiet place to record, if possible.
2. Speak clearly. Make natural pauses at the end of your sentences so it's clear when they end.
3. Include the book and page number you are referencing following a quote.

Begin recording and...

1. State your full name clearly. Then spell your first and last name.
 - a. Example: My name is Sarah Jones. S-a-r-a-h (space) J-o-n-e-s.
2. State your phone number, including area (and country) code.

3. State your email, city, state, country
4. Read this statement: “I have read the Data Privacy Notice and agree to its terms
5. In one sentence tell us what your healing is about:
 - a. Example: *This is about the healing of a facial growth.*
6. Give your testimony.

WHICH RECORDING OPTION IS BEST FOR YOU?

WhatsApp

This popular instant messaging application for smartphones can send voice messages as well as texts, and it's free to download from your phone's app store. When you're ready to record your testimony, follow these steps:

1. Put your phone in airplane mode so you can record without being interrupted by a phone call.
2. Launch WhatsApp and start a new chat.
3. Choose “New Contact” and enter the JSH phone number for WhatsApp [+1-857-343-2068](tel:+18573432068).
4. Instead of typing text into the message window, press the microphone icon at the right . If you would rather not hold your finger down while you are recording, slide the microphone icon up to lock it in place.
5. Pause a moment, then begin speaking.
6. If you misspeak, simply correct yourself as you would in a conversation and continue.
7. When you're done, press the send icon  at the right.
8. To listen to your recording, press the “x” on the new message that comes up, then press the play icon .
9. When you're ready to send your recording, take your phone out of airplane mode.
10. Press the red icon at the right of the message and choose “Send again.”

Further instructions for using the app can be found on the FAQ page of WhatsApp.com.

Voice recording app

For greater flexibility, you may prefer to use your smartphone's recording application, such as Voice Recorder on Android or Voice Memos on iPhone. These apps allow you to stop and start your recording, to back up and re-record as needed, and to listen to what you've recorded before continuing. Instructions for both can easily be found on the web. When you're finished, you can send the recording to JSH by email jshwrite@csp.com or WhatsApp [+1-857343-2068](tel:+18573432068).

JSH voicemail box

If you find it easier to leave your testimony as a voicemail message

1. Please call **our JSH voicemail box at 617-450-7070**. (This is not a toll-free number.)
2. After you hear our greeting, you can start giving your testimony. You will have ten minutes to speak before the recording ends.